

# **AYSO REGION 14 REFEREE PROGRAM GENERAL AND SHORT SIDED GAME GUIDELINES**

## **These guidelines apply to all divisions:**

- I. Safety Rules
  - A. Shin guards
    - 1. Players shall not play or practice without shin guards.
    - 2. Shall be worn under socks so no part of shin guard is showing during game.
  - B. Tennis shoes are allowable.
  - C. According to FIFA Law VI with AYSO National modifications, and these guidelines, players shall not wear items dangerous to themselves or other, during all practices and games.
    - 1. Earrings must be removed. (If recently pierced, holes won't close during game)
    - 2. Metallic or partially metallic headbands, bobby pins, clips, barrettes are not allowed and must be removed.
    - 3. Necklaces, bracelets, rings and watches must be removed.
    - 4. Medical ID and religious items must be taped down if worn.
    - 5. Soft casts and splints without metal, and ace bandages (no metal clips) are allowed.
    - 6. Retainers should be removed.
    - 7. Mouth guards are recommended for players with braces.
    - 8. Any item the referee deems a possible danger must be removed.
  - D. Blood
    - 1. The referee and one assistant referee should together inspect the player's condition prior to temporary removal.
    - 2. If part of the uniform is bloody, that part of the uniform must be changed.
- II. Coaches and Spectators
  - A. Not allowed on the field at any time without referee's permission.
  - B. Stay between goal area lines and at least one yard from touchline.
  - C. No one is allowed behind the goal line during the game.
  - D. Spectators encourage players, but not coach them.
  - E. Coaches shall use positive, instructive and encouraging directions.
  - F. No one is allowed to run the length of the field except for players and referees.

## **These guidelines apply to U6 division.**

- I. Game times
  - A. Play 20 minute halves
  - B. Short (1-2 minute) stoppage at halfway point (quarter) during each half for substituting players only.
    - 1. Non-substituted players shall remain on the field during quarter break
    - 2. Parents may go to sideline to assist player during quarter break.
  - D. Half time break is 5-10 minutes.
- II. Players
  - A. Shall play three quarters of the game.
  - B. May remove themselves from the game with notice given to referee.
  - C. Maximum number of players on the field during the game is 5.
  - D. No goal keeper is used.
- III. Special FIFA and AYSO National Law changes, regional regulations
  - A. No league standings will be kept and game scores will not be recorded.

- B. All rule infractions are explained by the referee.
  1. No offside.
  2. No penalty kicks.
  3. No free kick by attacking team within the defending team's goal area.
  4. Cautions (yellow cards) and send offs (red cards) will not be issued unless extreme circumstances warrant action.
- C. Throw-in chances.
  1. Player commits a foul on initial throw-in, a second throw-in is permitted.
  2. If subsequent throw-in results in a foul, the other team gets the throw-in.
  3. All players are allowed a maximum of two throw-ins each time no matter how many chances he had in the past.

**These guidelines apply to U8 division.**

- I. Game times
  - A. Play 20 minute halves
  - B. Short (1-2 minute) stoppage at halfway point (quarter) during each half for substituting players only.
    1. Non-substituted players shall remain on the field during quarter break
    2. Parents may go to sideline to assist player during quarter break.
  - D. Half time break is 5-10 minutes.
  - E. Game cards are to be filled-out to verify player's game time.
- II. Players
  - A. Shall play three quarters of the game.
  - B. May remove themselves from the game with notice given to referee.
  - C. Maximum number of players on the field during the game is 6.
- III. Special FIFA and AYSO National Law changes, regional regulations
  - A. No league standings will be kept.
  - B. All rule infractions are explained by the referee.
    1. No offside.
    2. No penalty kicks.
    3. No free kick by attacking team within the defending team's goal area.
    4. Cautions (yellow cards) and send offs (red cards) will not be issued unless extreme circumstances warrant action.
  - C. Throw-in chances.
    1. Player commits a foul on initial throw-in, a second throw-in is permitted.
    2. If subsequent throw-in results in a foul, the other team gets the throw-in.
    3. All players are allowed a maximum of two throw-ins each time no matter how many chances he had in the past.

**These guidelines apply to U10 division.**

- I. Game times
  - A. Play 25 minute halves
  - B. Short (1 minute) stoppage at halfway point (quarter) during each half for substituting players only.
    1. Non-substituted players shall remain on the field during quarter break
    2. Not for a coaching session or team huddle.
  - D. Half time break is 5 minutes.
  - E. Game cards are to be filled-out to verify player's game time.
- II. Players
  - A. Shall play three quarters of the game.
  - B. May remove themselves from the game with notice given to referee.
  - C. Maximum number of players on the field during the game is 9 and a minimum of 6.
- III. Special FIFA and AYSO National Law changes, regional regulations

- A. Throw-in chances. This will be effective for the month of September only.
1. Player commits a foul on initial throw-in, a second throw-in is permitted.
  2. If subsequent throw-in results in a foul, the other team gets the throw-in.
  3. All players are allowed a maximum of two throw-ins each time no matter how many chances he had in the past.